

# REAL BIBLE HEROES

## Jonah Part 3: Repented

Change happens in people's hearts when they are truly repentant. Repentance is more than feeling sorry. It's a complete change of mindset. Look at your life, what things have you turned away from? In "Jonah, Part 3", we see how Jonah immediately obeys God and does what God tells him to do.

### (A) MATERIAL:

Read Jonah 3:1-10

### Talk it Out

- Jonah acts immediately to what God commands him to do. How has God changed you? Share an example.
- The act of repentance is seen through the people of Nineveh. What are some things that you need to repent from? When was the last time you asked God for his forgiveness and strength to turn away from sin?
- As a Revolutionary, it is vital you are walking in repentance, and always away from sin. What are some struggles that you have? Share it with one another.

### (B) MISSION:

Repentance comes with sanctification. A symbolic act to demonstrate this would be to **clean up the school**. Before beginning, tell God you want your school to be clean, pure and free of sin. Start cleaning your classroom or picking up rubbish around your school after school hours as an act of repentance. Follow up the cleaning with a **PRAYER WALK** around the school to pray for spiritual cleansing.

### (C) PRAYER:

Dear Lord Jesus, thank you for second chances. I am glad that you are changing me and making me new each day! God, I pray would you help me to continue to hate sin walk in your holiness. Help me to be obedient to you. In Jesus' name I pray, Amen.